

## RESULTS

Calculate the mean absorbance for each control and unknown.

### Qualitative results:

If the absorbance of the sample is higher than that of the Cut-Off, the sample is positive for the presence of specific IgG.

Calculate the ratio between the average OD value of the sample and that of the Cut-Off. The sample is considered:

Positive: if the ratio is > 1.1.

Doubtful: if +/- 10% of the Cut-Off.

Negative: if the ratio is < 0.9.

If the result is doubtful, repeat the test. If it remains doubtful, collect a new serum sample.

## LIMITATIONS OF THE PROCEDURE

- A serum sample obtained during the late phase of infection, when only IgG antibodies are present, may be negative by this procedure.
- The test result should be used in conjunction with information available from the evaluation of other clinical and diagnostic procedures.
- Avoid repeated freezing and thawing of reagents and specimens.
- Grossly hemolyzed, icteric or lipemic specimens should be avoided.
- Heat inactivated sera should be avoided.

## QUALITY CONTROL

Subtract the value of the blank from all the other readings. The OD values of Cut-Off control must be at least 0.2.

Positive control must have an OD at least 1.5 times that of Cut-Off.

## PERFORMANCE CHARACTERISTICS

### 1. Sensitivity and Specificity

88 human sera were analyzed by this EBV EBNA IgM Elisa and an Elisa reference method. Out of 88 samples, 17 were positive for the presence of IgM antibodies to EBV EBNA by RD-RatioDiagnostics (RD-labs) Elisa, and reference Elisa also showed 17 of them as positive. The results are summarized below.

|           | Positive | Negative | FN (false negative) | FP (false positive) |
|-----------|----------|----------|---------------------|---------------------|
| RD-Labs   | 17       | 71       | 0                   | 0                   |
| Reference | 17       | 71       | 0                   | 0                   |

### 2. Precision

| 2. Inter-assay Study |         |         |         |
|----------------------|---------|---------|---------|
| No of Replicates 10  | Serum 1 | Serum 2 | Serum 3 |
| Mean                 | 0.56    | 1.2     | 0.23    |
| SD                   | 0.053   | 0.021   | 0.005   |
| CV%                  | 9.56    | 1.75    | 2.4     |

| 3. Intra-assay study |         |         |         |
|----------------------|---------|---------|---------|
| No of Replicates 16  | Serum 1 | Serum 2 | Serum 3 |
| Mean                 | 0.064   | 0.406   | 1.3     |
| SD                   | 0.009   | 0.035   | 0.06    |
| CV%                  | 8.5     | 8.7     | 4.7     |

### 3. Interference study

Interferences with lipemic, hemolytic or icteric sera are not observed up to a concentration of 5 mg/ml hemoglobin, 5 mg/ml triglycerides and 0.2 mg/ml bilirubin.

## REFERENCES

1. A. Andersson, V. Vetter et al. Avidities of IgG directed against viral capsid antigen or early antigen: useful markers for significant Epstein-Barr Virus serology. J. Med. Virology 43: 238 (1994).
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- C. Valent Sumaya: Serological testing for Epstein Barr Virus - developments in interpretation. J. Inf. Dis. 151: 984 (1985).
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E-ENM-K33 / 10--09



## Epstein Barr Virus EBNA IgM Elisa **IVD**

Catalog No. E-ENM -K33



|                     |   |
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## INTENDED USE

The RD-RatioDiagnostics E-ENM-K33 Epstein Barr Virus ( EBV ) EBNA IgM Elisa test system is an Enzyme-Linked Immunosorbent Assay kit providing material for the detection of IgM-class antibodies to the nuclear antigen of EBV in human serum or plasma. This assay is intended for *in vitro* use only.

## SUMMARY AND EXPLANATION

Epstein Barr Virus (EBV) is a herpes virus, which causes infectious mononucleosis (IM). It is also associated with Burkitt's lymphoma, nasopharyngeal carcinoma and lymphatic proliferative syndromes in immunodepressed patients. The virus is widespread throughout the world and 80-90% of the population is serum-positive.

The laboratory diagnosis of IM is traditionally performed by detecting heterophile antibodies which develop in the serum during the course of the infection, and which agglutinate horse erythrocytes. However, these antibodies may not always be present in patients affected by IM, particularly if below 14 years of age; furthermore, they may also persist for over a year after the infection. The determination of heterophile antibodies alone may therefore lead to an erroneous diagnosis. It is therefore important to determine the presence of antibodies towards the viral antigens. The detection of antibodies directed to the "Viral Capsid Antigen" (VCA) and the nuclear antigen (EBNA) is particularly useful.

During the course of IM, the IgM- and IgA -class antibodies to VCA appear early and a little later IgG-class antibodies to VCA, while the IgG to EBNA develop later during the infection. The presence of IgA / IgM against VCA in the absence of IgG against EBNA therefore indicates that there is a current infection, while the presence of IgG against both VCA and EBNA is indicative of a prior infection, EBNA IgM indicates also a primary infection.

## PRINCIPLE OF THE TEST

The E-ENM-K33 EBV EBNA IgM kit is based on the ELISA technique. In the assay, controls and unknowns are incubated in microtitration wells coated with recombinant protein of Epstein Barr Virus nuclear antigen ( EBNA). After incubation and washing, the wells are treated with the conjugate, composed of anti-human IgM antibodies labeled with peroxidase. After a second incubation and washing step, the wells are incubated with the substrate tetramethylbenzidine (TMB). An acidic stopping solution is then added and the degree of enzymatic turnover of the substrate is determined by wavelength absorbance measurement at 450 nm. The absorbance measured is directly proportional to the concentration of anti-EBV EBNA IgM antibodies present.

## REAGENTS

The RD-RatioDiagnostics EBV EBNA IgM ELISA kit contains sufficient reagent for 96 wells. Each kit contains the following reagents:

| MATERIAL PROVIDED                               | QUANTITY   | CATALOG NO. |
|---|------------|-------------|
| EBV nuclear antigen-Coated Microtitration Strip | One plate  | E-ENM-10    |
| Wash Concentrate                                | One Bottle | E-WSL-30    |
| Sample Diluent                                  | One Bottle | E-DLB-40    |
| TMB-Substrate                                   | One Bottle | E-TMB-08    |
| Negative control                                | One Vial   | E-ENM -01   |
| Cut off control                                 | One Vial   | E-ENM-02    |
| Positive control                                | One Vial   | E-ENM-03    |
| 2 <sup>nd</sup> Antibody Conjugate              | One Bottle | E-ENM-20    |
| Stopping Solution                               | One Bottle | E-STP-09    |

## MATERIAL NOT PROVIDED

- Microtitration plate reader capable of absorbance measurement at 450 nm
- Deionized/Distilled water
- Precision pipette to deliver 10  $\mu$ L, 100  $\mu$ L and 1 mL
- Semi-automatic pipette to deliver 100  $\mu$ L
- Automatic microtitration plate washer
- Absorbent materials for blotting the strips
- Incubator

## Antigen-Coated Microtitration Strips:

One stripholder containing 12x8 (96) microtitration wells coated with EBV nuclear antigen. Store at 2-8°C until expiration date. Remove the support and strips to be used from the foil package and place the unused strips in the polythene bag with the silica gel, expel the air and seal by pressing the closure. Once opened, the product is stable for 4 weeks at 2-8°C.

## Wash Concentrate:

One bottle, 100 mL, containing a phosphate buffered saline, concentrated 10-fold containing 0.5% Brij weight by volume (w/v). Dilute with deionized/distilled water prior to use. Store at 2-8°C until expiration date.

## Sample Diluent:

One bottle, 100 ml, containing a protein solution with 0.09% sodium azide as a preservative. Store at 2-8°C until expiration date.

## EBV EBNA IgM Controls:

Three vials, negative, cut off and positive, each 2 mL of human serum in a 0.01 M phosphate buffer with 0.09% sodium azide as a preservative. Store at 2-8°C until expiration date.

## 2nd Antibody Conjugate:

One bottle, 12 mL, containing anti-human IgM monoclonal antibodies labeled with peroxidase, in a phosphate buffer solution with 0.02% Proclin. Store at 2-8°C until expiration date.

**Sorbent M:** One bottle, 4 ml, containing protein solution in a phosphate buffer solution with 0.02% proclin. Store at 2-8°C.

## TMB-Substrate:

One bottle, 12 mL, containing tetramethylbenzidine (TMB) and hydrogen peroxide stabilized in citrate buffer, pH 3.8. Store at 2-8°C until expiration date.

## Stopping Solution:

One bottle, 15 mL, containing 0.3 M H<sub>2</sub>SO<sub>4</sub> in solution. Store at 2-8°C until expiration date.

## PRECAUTIONS

For *in vitro* use

The following universal Good Laboratory Practices should be observed:

Do not eat, drink, smoke or apply cosmetics where immunodiagnostic material is being handled. Do not pipet by mouth. Wear lab coats and disposable gloves when handling immunodiagnostic material. Wash hands thoroughly afterwards. Cover working area with disposable absorbent paper. Wipe up spills immediately and decontaminate affected surfaces. Avoid generation of aerosols. Provide adequate ventilation. Handle and dispose all reagents and material in compliance with applicable regulations.

## WARNING: POTENTIAL BIOHAZARDOUS MATERIAL

This kit may contain some reagents made with human source material (e.g. serum or plasma) or used in conjunction with human source materials. The material in this kit has been tested by CE recommended methods and found to be non-reactive for HIV-1/2 Antibodies, HCV and HBsAg. No available test method can offer complete assurance of eliminating potential biohazardous risk. Handle all reagents and patient samples at a Biosafety Level 2, as recommended for any potentially infectious human material in the Centers for Disease Control/National Institutes of Health manual "Biosafety in Microbiological and Biomedical Laboratories," 4<sup>th</sup> Edition, April 1999.

## WARNING AND PRECAUTION:

Some of the reagents in this kit contain sodium azide as a preservative at concentrations below the regulatory limit of < 0.1%. Although significantly diluted, concentrated sodium azide is an irritant to skin and mucous membranes, and may react with lead and copper plumbing to form explosive metal azides, especially if accumulated. Additionally, TMB and Sulfuric Acid, in concentrated amounts are also irritants to skin and mucous membranes. These substances are in diluted form and therefore may minimize exposure risks significantly but not completely. Provide adequate ventilation. Avoid contact with skin, eyes and clothing.

In case of contact with any of these reagents, wash thoroughly with water and seek medical advice. Dispose all nonhazardous reagents by flushing with large volumes of water to prevent buildup of chemical hazards in the plumbing system.

For further information regarding hazardous substances in the kit, please refer to the component specific MSDS by request.

## SPECIMEN COLLECTION AND HANDLING

Serum should be used, and the usual precautions for venipuncture should be observed. Specimens may be stored at 2-8°C for 2 days. For longer periods, store at -20°C. Do not use hemolyzed or lipemic specimens. Avoid repeated freezing and thawing of samples.

## PREPARATION FOR ASSAY

*A thorough understanding of this package insert is necessary for successful use of the product. Reliable results will only be obtained by using precise laboratory techniques and accurately following the package insert. Bring all kit reagents and specimens to room temperature (-25°C) before use. Thoroughly mix the reagents and samples before use by gentle inversion. Do not mix various lots of any kit component within an individual assay. Do not use any component beyond the expiration date shown on its label. Incomplete washing will adversely affected the outcome and assay precision. To minimize potential assay drift due to variation in the substrate incubation time, care should be taken to add the stopping solution into the wells in the same order and speed to add the TMB Chromogen Solution. Avoid microbial contamination of reagents, especially of the conjugate, wash buffer and diluent. Avoid contamination of the TMB Chromogen Solution with the Conjugate. Use a clean disposable pipette tip for each reagent. Avoid pipettes with metal parts. Containers and semi-automatic pipette tips used for the Conjugate and TMB can be reused provided they are thoroughly rinsed with deionized/distilled water and dried prior to and after each usage. The enzyme used as the label is inactivated by oxygen, and is highly sensitive to microbial contamination, sodium azide, hypochlorous acid and aromatic chlorohydrocarbons often found in laboratory water supplies. Use high quality water. Avoid exposure of the reagents to excessive heat or sunlight during storage and incubation.*

## PREPARATION OF REAGENTS:

Wash Solution:

Dilute 1:10 with deionized/distilled water prior to use. If crystals are present, they should be dissolved at 37°C before dilution. Pour 100 mL of the Wash Concentrate into a clean container and dilute by adding 900 mL of deionized/distilled water. Mix thoroughly by inversion. The wash solution is stable for 5 days at room temperature and 2 weeks at 2-8°C when stored in a tightly sealed bottle.

Microtitration Strips:

Select the number of coated strips required for the assay. The remaining unused wells should be placed in the resealable pouch with a desiccant pack. The pouch must be resealed to protect from moisture.

## Assay Procedure:

All specimens and reagents to reach room temperature (~25°C) before use. Serum Samples and Controls should be assayed in duplicate.

1. Mark the microtitration strips to be used.
2. Dilute serum samples 1:101 distributing 10  $\mu$ L of serum into 1 mL of Sample Diluent.
3. Pipette 100  $\mu$ L of each diluted serum sample and ready to use controls to the appropriate wells. Leave one well for the blank. Add 30  $\mu$ L Sorbent M only into the wells of diluted samples.
4. Incubate for 45 minutes at 37°C.
5. Aspirate and wash each well four (4) times for 30 seconds with Washing Solution using an automatic microplate washer or manually using a dispenser. Blot and dry by inverting plate on absorbent material.  
*NOTE: Use of an automatic microplate washer is strongly recommended. Incomplete washing will adversely affect assay precision. If a microplate washer is not available, (a) completely aspirate the liquid from each well, (b) dispense 0.35 mL of the Wash Solution into each well; (c) repeat step (a) and (b) four times.*
6. Add 100  $\mu$ L of Enzyme-Labeled 2<sup>nd</sup> Antibody into each well.
7. Incubate for 45 minutes at 37°C.
8. Aspirate and wash each well four times for 30 seconds with Washing Solution using an automatic microplate washer or manually using a dispenser. Blot and dry by inverting plate on absorbent material.
9. Add 100  $\mu$ L of TMB Chromogen Solution to each well using a dispenser.
10. Incubate for 15 minutes at room temperature. Avoid exposure to direct sunlight.
11. Add 100  $\mu$ L of Stopping Solution to each well using a dispenser.
12. Read the absorbance of the solution in the wells within 30 minutes, using a microplate reader set to 450 nm. If wavelength correction is available, set the instrument to dual wavelength measurement at 450 nm with background wavelength correction set at 600 or 620 nm.